

HEALTH FIRST INDIANA



Lake County Health Department
2900 West 93rd Ave., Crown Point, IN 46307 | Phone: 219-755-3655

HEALTH FIRST INDIANA GRANT APPLICATION

Under Indiana law, the Lake County Health Department (“LCHD”) is empowered to grant money from their allocated Health First Indiana (“HFI”) funds to external organizations which agree to complete Core Public Health Services (“CPHS”) and work toward completion of the required Key Performance Indicators (“KPIs”).

Health First Indiana Website: <https://www.in.gov/healthfirstindiana/>

Public health services are most effective when provided by local health departments (LHDs) that are positioned to meet the needs of their communities. These core services outline the initiatives and activities at the heart of public health that are the critical framework of any local health department. Some are required by law, and some are offered by many health departments. Every Hoosier deserves access to these foundational public health services no matter where they live.

LHDs, with support from partners and community stakeholders, determine needs of the community, and implement accessibility strategies, including addressing social determinants of health, in all aspects of planning, operations, and core services. The Indiana Department of Health surveyed each local health department to determine how these core services are provided across Indiana. Click below to see a snapshot of each core service.

Please fill out the attached proposal in its entirety and include any necessary and appropriate documents.

- The KPI’s listed throughout this proposal application are not comprehensive. They are current guidelines and metrics that have been enumerated by the Indiana Department of Health (IDOH), however, they are in flux.
- If your program fills the purpose as enumerated in the “Purpose” chart of Section 2 below, but the deliverables from Section 5 do not match up directly with your program metrics, list them separately under the “Deliverables” section of this application.

FINANCIAL TERMS

2.3. Consideration. Total Program Amount Requested: \$ 57,960

2.4. Breakdown of Total Program Amount Requested.

(Sample Chart: Program Cost Breakdown.)

Item Description	Price	Quantity	Total
Program Participant Manual After school	\$10.00	50 participants	\$500.00
Afterschool Supplies	\$10.00	50 (multi-sessions)	\$500.00
Indirect Cost Rate	\$1,000.00	1 time only	\$1,000.00
Expo supplies	\$10.00	2600	\$26,000.00
Venue	\$2000.00	2	\$4000.00
Tutors x4 \$20.00 per hour	\$940.00	26 weeks	\$24,960.00
CPR Training	\$50.00	40	\$2000.00
Total Amount			\$57,960

2.5. Proposed Schedule of Payments.

(Sample Chart: Payment Schedule.)

Payment #	Due Date	Description	Amount
1	02/01/2025	Payment for the first 650 attendees	\$14,490.00
2	06/01/2025	Payment for the next 650 attendees	\$14,490.00
3	09/01/2025	Payment for the next 650 attendees	\$14,490.00
4	12/01/2025	Payment for the next 650 attendees	\$14,490.00

2.6. Payments.

2.6.1. Payment Information:

2.6.1.1. Any payment-related questions or concerns should be directed to Dr. Regina Beard info@victory4kidz.net (219)6130032

2.6.1.2. The check or wire memorandum section must specify LC 110.

2.6.2. Payments by Check. Payments will be made to VicTory 4 Kidz

and mailed to: 407 North Wisconsin Street Hobart, IN 46342

3. TERMS AND TERMINATION

3.1. Term. This Agreement shall be effective for a period not to exceed 1 year

. It shall commence on this 1/1/25 and shall remain in effect

through 1/1/26.

4. PROGRAM WORK PLAN.

4.1. Program Work Plan.

4.1.1. Program Objective. Youth will be educated on prevention and control program with a strategic plan for tobacco and vaping prevention and cessation in order to prevent and eliminate the risk of disease due to tobacco use in vaping.

4.1.2. Program Goal(s). [List each goal with the corresponding strategy and activities.]

Item	Goal	Strategy	Activities
1	Enhance tobacco control leadership, capacity, collaboration, and strategic partnerships.	<ul style="list-style-type: none"> Strengthen the capacity of VicTory 4 Kidz to promote tobacco-related health equity. Implement projects to ensure responsive ideas are incorporated into strategic plans. 	<ul style="list-style-type: none"> Provide training and resources to VicTory 4 Kidz and partners to promote tobacco-related health equity. Improve the use of data and evaluation to better understand and address health equity.
2	Promote health equity and reduce the risk for tobacco-related diseases and death among priority populations	<ul style="list-style-type: none"> Build trust, capacity, and collaboration between VicTory 4 Kidz and advocacy organizations. Adopt tobacco control policies and interventions to promote health equity and social justice. 	<ul style="list-style-type: none"> Increase outreach to priority populations through partnerships with organizations who employ health educators, prevention specialists, and/or community health workers. Work with VicTory 4 Kidz partners and other programs to develop interventions focused on advancing health equity, particularly in select high health improvement index areas.

4.2. Scalability. Grantee will expand or restrict the Program Work Plan to further efforts that will result in fulfilling the Purpose and Scope of the Program before modifying Performance.

5. PERFORMANCE: DELIVERABLES, METRICS AND REPORTING.

5.1. Key Performance Indicators (“KPIs”). The Program will provide services that specifically address the KPIs for Core Public Health Services outlined in the Health First Indiana initiative. Program and Scope for Selected Core Service – select at least one KPI that pertains to the program objective in the first column:

#	Name	Scope
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1	Tobacco and Vaping Prevention and Cessation	Preventing and eliminating risk of disease due to tobacco use and vaping.
2	Trauma and Injury Prevention	Preventing harm due to injury and substance use and facilitating access to trauma care.
3	Chronic Disease Prevention	Preventing and reducing chronic diseases such as obesity, diabetes, cardiovascular disease, and cancer.
	Maternal and Child Health	Services focused on the health and well-being of mothers, children, and families, including prenatal care.
	Fatality Review	Analysis of data and potential causes of child deaths, fetal and infant mortality, and suicide/overdose fatality.
	Lead Case Management and Risk Assessment	Ensuring all children have access to blood lead level testing and appropriate clinical and environmental services if necessary.
4	School Health Liaison	Assisting schools with resources to promote whole student health.
	Access and Linkage to Clinical Care	Facilitating access to essential healthcare services for all members of the community.
	Infectious Disease Prevention and Control	Monitoring and managing the spread of diseases within a community.
	TB Prevention and Case Management	Preventing the spread of tuberculosis and ensuring appropriate access to care and resources for those who have TB.
	Immunizations	Providing vaccinations to children and adults to prevent the spread of infectious diseases.
	Health-Related Areas during Emergencies or Disasters	Planning and coordination for responding to public health emergencies and disasters.
	Vital Records	Providing accurate documentation of births, deaths, stillbirths, fetal deaths, adoptions, and biological parentage.
	Food Protection	Ensuring safety of food at the grower, wholesale, and retail levels.
	Environmental Health	Ensuring the safety of the physical environment to protect public health.

5.2. Metrics and Reporting

5.2.1. Definitions.

- 5.2.1.1. Deliverable: the quantifiable services to be provided at various steps in the Program to keep it on course. The deliverable provides a metric whose value can be tracked for state-level reporting.
- 5.2.1.2. Metric: a standard for measuring the value of the deliverable.
- 5.2.1.3. Value: the number or percentage of the metric that is being measured.

5.2.2. Reporting.¹

5.2.2.1. Reporting Frequency: Quarterly

CREATING A REPORT WITH METRICS

Based on which Core Service(s)/KPIs selected in Section 6.1 above, please review the sections in Appendix A and add all the metrics that apply in the report below. If you have a deliverable and a corresponding metric that is not listed, please add your own, if it aligns with the scope of the KPI.

FOR EXAMPLE:

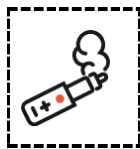
1. If the KPI selected in Section 6.1 is: Tobacco and Vaping Prevention and Cessation, choose that KPI from the dropdown under the KPI Column
 2. Then, review the corresponding Metrics from Appendix A (below) and add that to the Metric column.
 3. Continue to fill in the Deliverable and Value columns.
- *Add as many items as necessary for your program.

(Sample Report: Monthly Report.)

Item	KPI	Metric	Deliverable	Value
1	Tobacco and Vaping Prevention and Cessation	Number of youths provided education on the harms of vaping.	Youth Healthcare Career Expo and after school programs	2600
2	Tobacco and Vaping Prevention and Cessation	Number of youths provided education on the harms of tobacco.	Youth Healthcare Career Expo and after school programs	2600
3	Chronic Disease Prevention	Number of people ages 12 to 18 learned about breast self-exam and other cancer screenings	Youth Healthcare Career Expo and after school programs	2600
4	Chronic Disease Prevention	Number of students attending the	Youth Healthcare Career Expo and after school programs	2600
5	Trauma and Injury Prevention	Number of students receiving CPR training	after school programs	50
				.
6	Trauma and Injury Prevention	Number of students receiving stop the bleed training	Youth Healthcare Career Expo and after school programs	2600
				.
7	School Health Liaison	Number of schools requesting support with mental health education, resources	Youth Healthcare Career Expo and after school programs	25

¹ Reports are to be sent directly to Michelle Arnold at arnolml@lakecountyin.org.

		through school liaison		
8	School Health Liaison	Number of schools partnering with school liaisons to provide health promotion and education for Trauma and injury prevention	Youth Healthcare Career Expo and after school programs	25



A. Tobacco and Vaping Prevention and Cessation

Indiana witnessed an increase in youth e-cigarette use from 3.8% in 2012 to 19.8% in 2021 among high school students. Most e-cigarettes contain nicotine, which is highly addictive and can harm youth brain development. The first step in addressing tobacco and addictive nicotine prevention is building and maintaining a tobacco-free coalition that represents the whole community.

KPI

Number of counties that through a tobacco prevention and cessation coalition have a comprehensive program to address youth tobacco and addictive nicotine prevention.

LCHD is seeking to participate in a local tobacco control coalition. Additionally, the LCHD is seeking to create or adopt an existing tobacco prevention and cessation program that addresses tobacco and addictive nicotine prevention.

DELIVERABLES AND REPORTING: SAMPLE

Item	Name	Scope
A.	Tobacco and Vaping Prevention and Cessation	Preventing and eliminating risk of disease due to tobacco use and vaping.
	Deliverable	Metric
	Youth Healthcare Career Expo and Afterschool program	Number of individuals aged 13 years or older referred to Indiana Tobacco Quitline/Quit Now Indiana or other cessation resource.
		Value
		2000

Item	Name	Scope
B.	Tobacco and Vaping Prevention and Cessation	Preventing and eliminating risk of disease due to tobacco use and vaping.
	Deliverable	Metric
		Value

Youth Healthcare Career Expo and Afterschool program	Number of school staff who have been trained to provide tobacco education.	40
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TOBACCO AND VAPING PREVENTION AND CESSATION METRICS

Metrics

- Number of individuals aged 13 years or older referred to Indiana Tobacco Quitline/Quit Now Indiana or other cessation resource.
- Number of youths provided education on the harms of vaping.
- Number of adults provided education on the harms of tobacco use and vaping.
- Number of school staff who have been trained to provide tobacco education.
- Number of schools providing vaping prevention education through local health department/school liaison.
- Number of schools providing nicotine dependence treatment resources through local health department/school liaison.
- Number of schools with updated/best practice policies through LHD/school liaison.
- Other – please add your own metric *only if it aligns with the scope and KPI of the Core Service.



B. Trauma and Injury Prevention

In Indiana, preventable injuries account for the leading cause of death in individuals aged 1-44 years (CDC WISQARS), notably poisonings and motor vehicle crashes. Identifying a leading cause of injury allows effective planning and prevention of those injuries and potential deaths.

KPI: Number of counties that identified a leading cause of injury and/or harm in their community and implemented a comprehensive, evidence-based program or activity for prevention.

KPI

Number of counties that identified a leading cause of injury and/or harm in their community and implemented a comprehensive, evidence-based program or activity for prevention.

LCHD is committed to identifying the leading cause of injury or harm in our community, and, subsequently implementing a comprehensive, evidence-based program(s) for the leading cause of trauma-related injury or death in Lake County, Indiana.

DELIVERABLES AND REPORTING: SAMPLE

Item	Name	Scope
B.	Trauma and Injury Prevention	Preventing harm due to injury and substance use and facilitating access to trauma care.
	Deliverable	Metric: Training
	Youth Healthcare Career Expo and after school program	Value
		Number of people receiving Stop the Bleed training.
		2600

Item	Name	Scope
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B.	Trauma and Injury Prevention	Preventing harm due to injury and substance use and facilitating access to trauma care.	
Deliverable		Metric: Training	Value
Youth Healthcare Career Expo and after school program		Number of people educated about brain injury risks and safety practices.	2600

Item	Name	Scope	
B.	Trauma and Injury Prevention	Preventing harm due to injury and substance use and facilitating access to trauma care.	
Deliverable		Metric: Training	Value
Youth Healthcare Career Expo and after school program		Number of people educated and/or trained on mental health and suicide prevention.	2600

TRAUMA AND INJURY PREVENTION METRICS

Metric: Training

- Number of people receiving Stop the Bleed training.
- Number of people receiving CPR training.
- Number of people educated and/or trained on vehicle passenger safety and seat belt use.
- Number of people educated or trained on RTV/ATV and golf cart passenger safety.
- Training & Education Number of people educated or trained on water safety (including swim lessons).
- Number of people educated about texting and safe driving (including impaired driving).
- Number of people educated about brain injury risks and safety practices.
- Number of people educated in fall prevention and home remedied for fall risks.
- Number of people educated and/or trained on substance use prevention.
- Number of people educated and/or trained on mental health and suicide prevention.
- Number of seniors participating in activities related to fall prevention.
- Number of certified peer recovery coaches in county with support of LHD.
- *Other – please add your own metric *only if it aligns with the scope and KPI of the Core Service.

TRAUMA AND INJURY PREVENTION METRICS– CONTINUED

Metric: Equipment

- Number of naloxone doses distributed
- Number of nalox-boxes in community
- Number of public-used sharps returns
- Number of child car seats distributed
- Number of bicycle helmets distributed

Metric: Equipment – Continued

- Number of firearm locks provided to families
- Number of people provided with infant safe sleep education, including families and professionals
- Number of infant sleep sacks provided to families
- Number of portable cribs provided to families
- *Other – please add your own metric *only if it aligns with the scope and KPI of the Core Service.

Metric: Referrals

- Number of people referred/linked to substance use/mental health treatment
- Number of women and children referred for active domestic violence assistance
- Number of women and children provided safe, anonymous transport to shelter for victims of domestic violence and interim care/assistance provided
- Number of women and children referred for assistance with physical and mental health recovery from domestic violence
- *Other – please add your own metric *only if it aligns with the scope and KPI of the Core Service.



C. Chronic Disease Prevention

Indiana ranks 12th highest in the US for adult obesity, with 2/3 of adults being overweight or obese. In Indiana, 1/3 of children are overweight or obese. Obesity is a common risk factor for many chronic diseases, including heart disease, cancer, and diabetes. A key step in addressing chronic disease and obesity prevention is building and maintaining a healthy community coalition that represents the whole community.

KPI

Number of counties that through a healthy community coalition have a comprehensive, evidence-based program to address obesity and obesity-related disease prevention.

LCHD is seeking a comprehensive, evidence-based program and/or promising practice(s) to address obesity and obesity-related disease prevention within our community.

DELIVERABLES AND REPORTING: SAMPLE

Item	Name	Scope
C.	Chronic Disease Prevention	Preventing and reducing chronic diseases such as obesity, diabetes, cardiovascular disease, and cancer.
Deliverable	Metric: Screening and Referrals	Value
Youth Healthcare Career Expo	Number of people educated about cancer screening and prevention	2600

CHRONIC DISEASE PREVENTION

Metric: Screening and Referrals

- Number of people screened for high blood pressure through local health department or partners.
- Number of people identified with undiagnosed high blood pressure through local health department or partners
- Number of people screened with a hemoglobin A1c through local health department or partners
- Number of people identified with elevated hemoglobin A1c
- Number of people screened for diabetes risk factors through local health department or partners
- Number of people referred to or enrolled in a diabetes prevention program
- Number of people referred to or enrolled in a diabetes self-management education support program
- Number of people screened for high cholesterol through local health department or partners
- Number of people identified with high cholesterol
- Number of people screened for cancer through local health dept. activity (breast, colon cancer, etc.)
- Number of people screened for BMI
- Number of people referred to a weight treatment or obesity prevention program

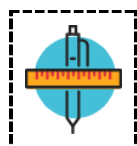
- Number of people identified as having a BMI over 30
- Number of individuals with asthma who receive an in-home trigger assessment
- Number of people referred for chronic disease preventative care
- Number of people referred for cancer screening
- Number of people provided for cancer screening
- Number of people screening positive for food insecurity

CHRONIC DISEASE PREVENTION - CONTINUED

- Number of people referred to a food assistance program
- *Other – please add your own metric *only if it aligns with the scope and KPI of the Core Service.

Metric: Programming

- Number of adults participating in nutrition and physical activity education programming
- Number of seniors participating in nutrition and physical activity education programming
- Number of cancer risk reduction and prevention programs provided by the LHD
- Number of cancer survivorship related services provided (smoking cessation resources, cancer support groups, respite opportunities for caregivers)
- *Other – please add your own metric *only if it aligns with the scope and KPI of the Core Service.



D. School Health Liaison

Over 1 million students attend K-12 schools in Indiana, and school health liaisons support schools across the state. Research shows that healthier students learn better and have greater academic success, leading to a lifetime of better health outcomes. Providing access to health services, such as vision, hearing and dental screenings, while limiting youth risk behaviors, supports community, physical, and intellectual development that can continue into adulthood.

KPI

Number of counties partnering with schools, based on community need, to implement wellness policies and comprehensive strategies to promote student health.

LCHD is seeking to partner with schools, based on community needs, to support school wellness policies and promote comprehensive strategies to improve student health.

DELIVERABLES AND REPORTING: SAMPLE

Item	Name	Scope
G.	School Health Liaison	Assisting schools with resources to promote whole student health.
Deliverable	Metric: Screenings	Value
Youth Healthcare Career Expo	Number of children receiving supplemental nutrition education programming at school (such as CATCH or GOAL)	50

Item	Name	Scope
G.	School Health Liaison	Assisting schools with resources to promote whole student health.
Deliverable	Metric: Screenings	Value
[Deliverable]	Number of students receiving tobacco and vaping cessation education through LHD/school liaison	2600

SCHOOL HEALTH LIAISON METRICS

Metric: Screenings

- Number of children receiving vision screening through support of liaison
- Number of children receiving hearing screening through support of liaison
- Number of children receiving oral health screening through support of liaison

Metric: Education

- Number of schools requesting support with mental health education, resources through school liaison
- Number of children receiving supplemental nutrition education programming at school (such as CATCH or GOAL)
- Number of students receiving tobacco and vaping cessation education through LHD/school liaison
- Number of schools in county with supported evidence-based anti-bullying programs and groups that support student mental health (e.g., Bring Change to Mind)
- Number of schools partnering with school liaisons to provide health promotion and education for Trauma and injury prevention
- Number of schools partnering with school liaisons to provide health promotion and education for Nutrition
- Number of schools partnering with school liaisons to provide health promotion and education for Physical activity
- Number of schools partnering with school liaisons to provide health promotion and education for Child safety topics: safe sleep

SCHOOL HEALTH LIAISON METRICS - CONTINUED

Metric: Education - continued

- Number of schools partnering with school liaisons to provide health promotion and education for Child safety topics: car seat safety
- Number of schools partnering with school liaisons to provide health promotion and education for Child safety topics: bicycle/bike helmet safety
- Number of schools partnering with school liaisons to provide health promotion and education for Child safety topics: water safety
- Number of schools partnering with school liaisons to provide health promotion and education for Child safety topics: first aid
- Number of schools receiving emergency preparedness education (staff and students): Stop the Bleed
- Number of schools receiving emergency preparedness education (staff and students): CPR
- Number of schools receiving emergency preparedness education (staff and students): overdose/naloxone